



## INDICES OF MARITAL HARMONY QUESTIONARE

Please rate yourselves on the following

<b>A</b>	<b>FRIENDSHIP JOHN 15:15</b>	1	2	3	4	5
1	I enjoy spending more time with my spouse than any other person or things					
2	I feel safe to discuss all matters with my spouse					
3	There are some issues my spouse cannot handle well so I will rather discuss them with other people that are more matured and understand me better					
4	It is easy to laugh and have fun when I am with my spouse than when I am with any other person.					
5	Our attachment bond is still like when we got married					
6	My spouse and I get along all the time					
<b>B</b>	<b>COMMUNICATION EPHESIANS 4:29</b>					
1	There are some topics/feelings I find uncomfortable discussing with my spouse.					
2	My spouse always shout at me instead of correcting me gently					
3	My spouse listens completely and make extra effort to pay attention to what I am telling him/her					
4	My spouse always withdraws/ isolate or avoid me each time I correct him/her or we have a misunderstanding.					
5	I allow the Holy Spirit to lead me in every discussion I have with my spouse					
6	I prefer to keep to myself than sharing my feelings with my spouse					
7	My spouse always remember my past misbehavior any time I offend him/her					
8	My spouse always jump into conclusion before hearing me out					
<b>C</b>	<b>CONFLICT RESOLUTION (JAMES 1:20), EPHESIANS 5:25-26)</b>					
1	My spouse always resort to violence or beating anytime we have misunderstanding					
2	We always quarrel on every matter					
3	We always quarrel everyday					
4	Our confrontations lately have become more frequent than when we just got married					
5	We don't resolve our quarrel until the following day or sometimes after a week					
6	Our parents help us to resolve our conflicts					
7	Our children always know when we have misunderstanding					
8	Our spiritual elders (disciplers) help us resolve our conflicts					
9	I prefer to keep the offences of my spouse in my heart than sharing it with him/her because of my spouse's negative attitude to correction					

<b>D</b>	<b>SEXUAL INTIMACY Song of Sol. 5:1, 5-6, Pro. 5:19, 1Cor. 7:3-5</b>	1	2	3	4	5
1	The way my spouse talks to me makes me not to be stimulated or moved to have sexual intimacy with him					
2	I always look forward to having sex with my spouse					
3	I don't find our sexual life interesting					
4	I usually have sexual feelings towards others instead of my spouse					
5	My spouse does not play with me before demanding for sex					
6	We only have sex when my spouse demands for it					
7	In spite of my age, I still have sexual intimacy with my spouse					
8	Sexual relationship with my spouse makes me feel used and unloved than being loved					
<b>E</b>	<b>FINANCIAL ONENESS (LUKE 12:34)</b>					
1	My spouse's motives are different from mine and that is why we don't usually spend together					
2	I don't believe couples should spend together because it is one of the major courses of quarrel					
3	It is better to spend money differently because of the third party(family, friends, opposite sex) intervention					
4	I don't want to operate joint account with my spouse because he/she is secretive					
5	Money matters always cause problem/quarrel between me and my spouse.					
6	I don't like joint spending with my spouse because he/she does not want to give proper account of money spent by him/her.					
7	I don't want my spouse and I to have joint spending because he/she is loose spender					
<b>F</b>	<b>FAITH (LUKE 1:37, ROMANS 14:23)</b>					
1	My spouse and I believe in trusting God for everything including our finance					
2	My spouse believes in taking a loan or operating co-operative for our major need but I don't					
3	My spouse has reduced my love for God over the years because he always complains that I go to church all the time.					
4	My spouse does not believe in attending church regularly.					
5	At times I have to beg my spouse before he joins family devotion.					
6	My spouse does not believe in some godly instructions in the bible					